



**Connecticut State Department of Education
Office of Child Nutrition**

Nutrition Resource Catalog

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Connecticut State Department of Education
Office of Child Nutrition
25 Industrial Park Road
Middletown, CT 06457-1543

Nutrition Resource Catalog

Contents

Overview of Nutrition Resource Library.....	iv.
Borrowing Policies and Procedures	v.
Loan Form.....	vi.

1 Child Nutrition Programs

Administrative Issues.....	I
Videos	5
Child and Adult Care Food Program	6
Videos	9
Food Service Employee Training.....	10
Videos	15
Healthy School Nutrition Environment.....	19
Videos	21

2 Food Service Management

General Management.....	22
Videos	23
Financial Management	24
Videos	24
Menu Planning and Production	25
Videos	31
Purchasing, Receiving and Storage	33
Videos	34
Equipment.....	35
Videos	36
Sanitation and Food Safety.....	38
Videos	41
Marketing and Merchandising.....	43
Videos	45

Contents, continued

3 Nutrition

Nutrition References	46
Videos	51
Dietary and Nutrition Guidelines.....	52
Videos	55
Food Guide Pyramid	56
Videos	58
Five a Day	59
Videos	60
Food Labeling.....	61
Videos	61
Breakfast, Nutrition and Learning.....	62
Videos	63
Fat and Cholesterol.....	64
Videos	65
Nutrition, Fitness and Exercise.....	66
Obesity and Eating Disorders	68
Videos	69
Nutrition and Pregnancy	70
Vegetarianism.....	71
Accommodating Special Dietary Needs	72
Videos	73
Nutrition and Special Needs Students	74
Videos	75
Nutrition for Preschoolers	76
Videos	79

Contents, continued

4 Cooking for Kids

Kids in the Kitchen	81
Cookbooks and Recipes.....	84
Snacks	87

5 Nutrition Education Materials

Curriculum and Program Development	89
Integrating Nutrition into Existing Curriculums	90
General Nutrition Education.....	92
Nutrition Education for Preschoolers.....	95
Videos	100
Nutrition Education for Elementary Students.....	101
Videos	109
Nutrition Education for Secondary Students	110
Videos	115
Children's Books	117
Spanish Materials.....	118

Overview of Nutrition Resource Library

The Connecticut State Department of Education, Office of Child Nutrition, maintains a Nutrition Resource Library containing hundreds of materials on nutrition and food service management. Resources include a wide variety of educational materials, such as nutrition curriculums for all grade levels, videos, books, audiovisuals, puppets and games.

Materials are available for sponsors of Child Nutrition Programs, teachers, and other nutrition education personnel in the State of Connecticut. Materials may be borrowed at no cost. A *Nutrition Resource Catalog* is available upon request. The catalog may also be viewed online at <http://www.state.ct.us/sde/deps/nutrition/index.htm>. To borrow materials, or for any additional information regarding resources, please contact:

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Content Areas

Child Nutrition Programs

- Administrative Issues
- Child and Adult Care Food Program
- Food Service Employee Training
- Healthy School Nutrition Environment

Food Service Management

- General Management
- Financial Management
- Menu Planning and Production
- Purchasing, Receiving and Storage
- Equipment
- Sanitation and Food Safety
- Marketing and Merchandising

Nutrition Education Materials

- Curriculum and Program Development
- Integrating Nutrition into Existing Curriculums
- General Nutrition Education
- Nutrition Education for Preschoolers
- Nutrition Education for Elementary Students
- Nutrition Education for Secondary Students
- Children's Books
- Spanish Materials

Nutrition

- Nutrition References
- Dietary and Nutrition Guidelines
- Food Guide Pyramid
- Five A Day
- Food Labeling
- Breakfast, Nutrition and Learning
- Fat and Cholesterol
- Nutrition, Fitness and Exercise
- Obesity and Eating Disorders
- Nutrition and Pregnancy
- Vegetarianism
- Accommodating Special Dietary Needs
- Nutrition and Special Needs Students
- Nutrition for Preschoolers

Cooking for Kids

- Kids in the Kitchen
- Cookbooks and Recipes
- Snacks



Nutrition Resource Library

Connecticut State Department of Education • Office of Child Nutrition

The Office of Child Nutrition maintains a Nutrition Resource Library of educational and training materials for all sponsors of Child Nutrition Programs and other nutrition education personnel in the State of Connecticut. The Nutrition Resource Catalog lists items currently available for loan. The catalog is divided into five main sections (Child Nutrition Programs, Food Service Management, Nutrition, Cooking for Kids, and Nutrition Education Materials), and each section contains specific topic areas. Within each topic area, resources are listed alphabetically by title, followed by a listing of videos, if available. If you don't see what you are looking for, check other related sections. Some resources fall under more than one topic area.

Borrowing Policies and Procedures

1. No more than *five* (5) items may be checked out at any one time.
2. Materials must be picked up in person from the Office of Child Nutrition or arrangements made to bring materials to a mutually convenient location (e.g., conference, meeting, etc.). Please plan in advance so that you may obtain the materials you need in time.
3. Materials are loaned for **four weeks** from the date of departure from the Office of Child Nutrition Programs. A one-week grace period beyond the due date is granted to allow for return through the mail.
4. Renewals are available except when holds are placed on items requested by another person. All renewals are subject to recall if the item is requested by another person.
5. A "Materials on Loan" form must be completed prior to taking any materials (see page vi.). Upon return of materials, please complete the bottom portion of the form to provide information on how the materials were used.

The Resource Catalog will be updated as new materials are received. If you do not see the information you are looking for, please ask, as new items will not be on older editions of the catalog. In addition, the Office of Child Nutrition has files of information on various topics which can be copied.

When possible, new resources are purchased to add to the library. We would appreciate your input regarding materials and topics which would be especially useful to your programs.

To borrow materials, or for any additional information regarding resources, please contact:

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Nutrition Resource Library “Materials on Loan” Form

SECTION A: Please complete all information before borrowing materials

Name:							
Work Address:				Home Address:			
Town:	State:	Zip:		Town:	State:	Zip:	
Phone (W):	()	-		Phone (H):	()	-	

Materials On Loan (Please specify title, author, type of resource, etc.)

1. _____
2. _____
3. _____
4. _____
5. _____

Date Loaned: _____ Date Returned: _____

SECTION B: Please complete information below AFTER returning materials

1. Indicate **how you used these materials** (teaching students, training food service workers, type of activity done, etc.)

2. Indicate the **number of people** you reached with any education activities.

_____ Teachers (Elementary/Secondary) _____ Students _____ School Food Service Staff

_____ Teachers (Preschooler) _____ Preschoolers _____ Child Care Food Service Staff

_____ Parents _____ Other (***please specify***): _____

3. Indicate the **number of publications/handouts** distributed to each group as a result of borrowing these materials.

_____ Teachers (Elementary/Secondary)	_____ Students	_____ School Food Service Staff
_____ Teachers (Preschooler)	_____ Preschoolers	_____ Child Care Food Service Staff
_____ Parents	_____ Other (<i>please specify</i>):	

4. Indicate the **number of sites** you reached with any education activities.

_____ Schools _____ Child Care Centers _____ Other (***please specify***):

_____ School Districts _____ Child Care Homes